

THE GEORGE INN

GLUTEN FREE MENU

WHILE YOU WAIT

Mixed marinated olives with sun blushed tomatoes and feta - v £5.25

STARTERS AND SHARERS

Homemade soup of the day with warmed bread - v £5.95

Chicken livers in mustard and crème fraîche on warmed bread - £7.50

Smoked fish board of mackerel, trout and salmon with a grilled lemon, warmed bread and sour cream and chive dip - £16.95

Mezze board of warmed bread with houmous, sun blushed tomatoes, feta cheese, tzatziki, chargrilled aubergine and marinated olives - £15.50

MAINS

Home-cooked honey glazed ham with free-range fried eggs, slow roasted tomato and mashed potato - £12.50 / £8.50

Spinach, walnut and poached pear salad with crumbled Stilton and balsamic dressing - vg £11.50 / £7.75

Artichoke, flame roasted pepper, red onion and rosemary risotto with vegan cheese shavings, dressed rocket and balsamic glaze - vg £10.50

Lemon and thyme marinated chicken breast on a mixed bean, pancetta and spinach salad - £14.50

Chargrilled swordfish loin steak on chorizo, saffron and sun blushed tomato risotto - £18.50

Root vegetable, chilli and Old Winchester cheese hash served with a poached duck egg - v £10.95

(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.



SIDES

House salad - v £3.50

Seasonal vegetables - v £3.50

Creamed mashed potato - v £3.75

SANDWICHES

Please ask for today's bread selection and then choose from the fillings below

Brie, bacon and cranberry - £7.75

Fish goujons with lettuce and tartare sauce - £7.75

Smoked salmon with cream cheese and cucumber - £7.75

Home-cooked ham and mature Cheddar with tomato and watercress - £8.25

Houmous with grilled aubergine, olives and roasted red pepper - v £7.25

PUDDINGS

All puddings £6.50

Choose 3 scoops from our ice-cream and sorbet selection, ask us for more details - v

Affogato - vanilla ice-cream topped with an espresso - v

Sticky toffee pudding with rich toffee sauce and vanilla ice-cream - v

Chocolate brownie with chocolate sauce and vanilla ice-cream - v

Baked vanilla cheesecake with passion fruit coulis and mango sorbet - v

Lemon and lime posset - v

Eton Mess - English strawberries with ice-cream, meringues and Chantilly cream - v

A selection of British cheeses with apple, grapes, celery and chutney - £8.95

HOT DRINKS

Americano £2.75 • Cappuccino £3.00 • Latte £3.00 • Espresso £2.50 • Double espresso £3.00

Flat white £3.00 • Hot chocolate £3.25 • Pot of tea £2.75 • Speciality tea £2.90 • Mocha £3.25

Freshly made daily specials are always available ask us for more details